Your patch testing results indicate that you have a contact allergy to Hexahydro-1,3,5-tris-(2-Hydroxyethyl)triazine. It is important that you familiarize yourself with this chemical and take steps to avoid coming in contact with it.

**What is Hexahydro-1,3,5-tris-(2-Hydroxyethyl)triazine and where is it found?**

This is an amine and alcohol chemical base used in pesticides and as a bactericide in various cosmetic products and in some cooling fluids. Further research may identify additional product or industrial usages of this chemical.

**What else is Hexahydro-1,3,5-tris-(2-Hydroxyethyl)triazine called?**

This chemical can be identified by different names, including:

- 1,3,5-Triazine-1,3,5(2H,4H,6H)-Triethanol
- 1,3,5-tris(2-hydroxyethyl)hexahydro-1,3,5-triazine
- Grotan BK
- Hexahydro 1,3,5-(2-hydroxyethyl)-s-triazine
- Hexahydro-1,3,5-tris(2-hydroxyethyl)-s-triazine
- Tris(2-hydroxyethyl)hexahydro-s-triazine
- Hexahydro-1,3,5-triazine-1,3,5-triethanol
- Trishydroxyethyl-s-hexahydrotriazine

This may not be a complete list as manufacturers introduce and delete chemicals from their product lines.

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**THINGS YOU CAN DO TO HELP MANAGE YOUR CONTACT ALLERGY**

- **Be vigilant ... read the product label.** Always take the time to read the ingredient listing on product packages. This should be your first step each time you purchase a product as manufacturers sometimes change product ingredients. If you have any concerns ask your pharmacist or your doctor.

- **Test the product first.** If you have purchased a new product you should test it on a small skin area to see if you get a reaction before using the product on larger skin areas.

- **Advise people you obtain services from of your contact allergy.** This should include people like your pharmacist, doctor, hairdresser, florist, veterinarian, etc.

- **Inform your employer if the source of your contact allergy is work related.** You should identify the specific source of the chemical and take the necessary steps to avoid further exposure. Protective wear may be adequate or you may need to make a change in your work activities. Both you and your employer benefit when the cause of your occupational dermatitis is eliminated.

- **“Google” it.** The internet is an excellent source of ingredient information that can be searched by product, by company and by specific chemical. Some helpful independent internet links include:
  - [www.cosmeticsinfo.org](http://www.cosmeticsinfo.org) (Cosmetic Industry Category Ingredient Database)
  - [www.whatsinsidescjohnson.com](http://www.whatsinsidescjohnson.com) (information on all S.C. Johnson product ingredients)

If you have any future contact dermatitis concerns or questions, please call the doctor’s office.