

Ibuprofen

(I-010)

Your patch testing results indicate that you have a contact allergy to **Ibuprofen**. It is important that you familiarize yourself with this chemical and take steps to avoid coming in contact with it.

**What is Ibuprofen and where is it found?**

Ibuprofen is a non-steroidal anti-inflammatory drug (NSAID). It is used for relief of symptoms of arthritis, primary dysmenorrhoea and fever. It is also used to reduce fever and treat pain or inflammation caused by many conditions such as headache, toothache, back pain, arthritis, menstrual cramps, or minor bodily injury. Further research may identify additional product or industrial usages of this chemical.

**What else is Ibuprofen called?**

This chemical can be identified by different names, including:

(+)-2-(4-Isobutylphenyl) propionic acid	Amibufen	Cap-Profen	Ibumetin	Nobfelon
(+/-)-2- (p-isobutylphenyl) propionic acid	Anflagen	Codral	Ibuprin	Nobgen
2-(4-isobutylphenyl) propionic acid	Apo-Ibuprofen	Dolgirid	Ibuprocin	Novoprofen
4-Isobutyl-alpha-methyl phenylacetic acid	Apsifen	Dolocyl	Ibu-slo	Nuprin
Actiprofen	Artril 300	Dolo-dolgit	Ibutid Ifen	Paxofen
Advil	Bluton	Ebufac	Lamidon	Pedia-Profen
Amersol	Brufanic	Epobron	Lidifen	Profen
	Brufen	Femadon	Liptan	Rafen
	Brufort	Fenbid Spansule	Midol 200	Rebugen
	Buburone	Haltran	Motrin	Roidenin
	Butylenin	Ibu-Attritin	Napacetin	Tab-Profen

This may not be a complete list as manufacturers introduce and delete chemicals from their product lines.

THINGS YOU CAN DO TO HELP MANAGE YOUR CONTACT ALLERGY

- ☒ **Be vigilant ... read the product label.** Always take the time to read the ingredient listing on product packages. This should be your first step *each* time you purchase a product as manufacturers sometimes change product ingredients. If you have any concerns ask your pharmacist or your doctor.
- ☒ **Test the product first.** If you have purchased a new product you should test it on a small skin area to see if you get a reaction before using the product on larger skin areas.
- ☒ **Advise people you obtain services from of your contact allergy.** This should include people like your pharmacist, doctor, hairdresser, florist, veterinarian, etc.
- ☒ **Inform your employer if the source of your contact allergy is work related.** You should identify the specific source of the chemical and take the necessary steps to avoid further exposure. Protective wear may be adequate or you may need to make a change in your work activities. Both you and your employer benefit when the cause of your occupational dermatitis is eliminated.
- ☒ **"Google" it.** The internet is an excellent source of ingredient information that can be searched by product, by company and by specific chemical. Some helpful independent internet links include:
 - www.nlm.nih.gov/pubs/factsheets/factsheets.html (U.S. Dept. of Health and Human Services; alphabetic list)
 - www.nlm.nih.gov/pubs/factsheets/factssubj.html (U.S. Dept. of Health and Human Services; subject list)
 - www.cosmeticsinfo.org (Cosmetic Industry Category Ingredient Database)
 - www.whatsinsidescjohnson.com (information on all S.C. Johnson product ingredients)

If you have any future contact dermatitis concerns or questions, please call the doctor's office.